South Gate, CA -- Congresswoman Linda Sánchez hosted her 6th Annual Senior Fair Wednesday at the South Gate Park Auditorium in South Gate and updated seniors on legislation in Congress that affects them directly including social security, Medicare and foreclosures. Over 500 seniors attended the event to participate in free health screenings, receive information and legal advice, or to consult with agencies such as the Social Security Administration, Department of Veterans Affairs and senior advocacy organizations.

"I take it as a personal responsibility to provide the most up to date information and services that can help the seniors in my district," said Congresswoman Linda Sánchez. "I also enjoy talking with seniors one-on-one and hearing their thoughts on what is important to them."

Approximately 40 vendors were on site, including some providing free screenings for bone density, blood pressure, sun damage, and glucose levels. Other vendors provided information to seniors regarding financial planning, reverse mortgages, elder rights, housing rights, and caregiver assistance. Representatives from the IRS and Social Security Administration answered individual questions and the Center for Healthcare Rights gave information regarding Medicare and prescription drugs.

"I came to Congresswoman Sánchez' Senior Fair again this year because they have been a real help to me," said Carlos Garcia of Norwalk, CA. "Three years ago I took a prostate screening at the fair and found out that I had prostate cancer. But because of the screening, I found out early enough so that I was able to get it treated easily and successfully."

As a part of her commitment to constituent service, Congresswoman Sánchez' staff caseworkers were available at the Senior Fair for individual questions and continue to make themselves available to constituents who need assistance. If seniors who were not able to attend the Senior Fair have a question or need help finding information, Congresswoman Sánchez welcomes them to contact her office by calling (562) 860-5050 or visiting www.lindasanchez.house.gov.

The South Gate Blues provided entertainment for the event and performed several of their popular dance routines. A free lunch was provided by the Old-timers Foundation.